



## TANDRIDGE CANOE AND KAYAK CLUB

[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

We are very pleased to welcome you to our active junior canoe club.

Here's how to join:

- Step 1** Call or email the Leader (Blades/TYKs) or League Secretary (Canoe Polo) of the section you wish to join to check availability and your son/daughter's eligibility (age, ability, etc)
- Step 2** Join the Club: complete one Membership Form per family member, plus one parent/guardian consent form for each under-18 member of your family applying
- Step 3** Give your Membership Form to your Section Leader with the £5 Annual Family Membership Fee plus section fee if applicable. Cheques payable to TCKC.
- Step 4** You receive a Club Membership Card, entitling you to participate in activities in any Section of the Club.

Coaches have the right to prevent you from participating if they do not have a completed & signed Membership Form, Parent Consent Form & Fee from you.

**A lot is asked of our Coaches in trying to run activities for young people as safely as possible. Please help them by lending a hand whenever you can, by accepting their safety advice and by following the Club's guidelines.**

See [www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk) for more information about our various Club Sections.

Our website also has FAQs and downloadable versions of our Events Diary, Boat Loan Scheme, Constitution, Safeguarding Children Policy, Code of Conduct and other guidelines.

**This is a voluntary Club that is run by the membership.** Everyone, including coaches, is a volunteer, giving their time for free. Most of us have taken up the sport in the last 10 years and we are still learning. The success of the Club relies upon everyone giving a little of their time to help – examples of assistance that we need are:

- admin help (spreadsheets, accounts)
- taking session registers
- management committee roles
- helping to set up and clear away
- lifesaving cover
- supplying articles to local press
- organising accommodation for trips
- promotional articles and news stories
- supervising juniors off the water
- repairing equipment
- building storage racks
- refereeing
- coaching assistance
- catering for trips away

**We very much hope that you will offer your help in whatever way you feel you can. If you see an area where we are falling short, please step in - or tell us!**

# TANDRIDGE CANOE AND KAYAK CLUB

[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

You must join the Club for a £5 Annual Family Membership Fee before participating in the activities of the various Sections. Club Membership does not necessarily guarantee you a place in one of the Junior Sections, so please check with the Section Leader first. The Junior Sections charge additional fees to cover venue hire and related costs.

**The Club has 4 Junior Sections plus a Section for all Adult Volunteers as follows:**

## **TANDRIDGE CANOE POLO LEAGUE – Christine 01883 715902**

**Pick up basic skills in a clean, warm swimming pool - for over 12's**

- For teams of 4/5 players with an adult leader
- Development League meets fortnightly on Sundays, 6-8pm for novices
- Premier League meets fortnightly on Sundays, 6-8pm for those with experience
- Meets at Tandridge Leisure Pool, Oxted
- All equipment provided

## **TANDRIDGE YOUNG KAYAKERS (TYKs) – Nick 07876 241124**

**The best section to begin for novices and improvers.**

**Over 16's are expected to work towards the UKCC Level 1 Coaching Award**

- Individuals welcome
- For novices and improvers
- Meets weekly on Sunday afternoons, 2-4pm GMT, 3-5pm BST
- Meets mostly at Thames Young Mariners, near Kingston upon Thames
- All equipment provided

## **BLADES SLALOM – Shiona 01883 722868**

**Ideal if you like competition or want to improve your technique**

- For those who have Paddlepower level 9 or the 2\* award
- Meets on some Saturday mornings at Shepperton Weir at 10am
- Meets on most Tuesday evenings at Shepperton Weir, 6pm in the Winter and 6:30 in the Summer
- Competes at national events locally and nationally, March to October

## **BLADES FREESTYLE – Debbie Stitt 01306 877784**

**For the crazy people!**

- For those with a whitewater roll
- Meets at Chertsey, Shepperton and Hurley weirs
- Acrobatics in a boat – cartwheels, somersaults, pirouettes and pop-outs

## **BLADES PLUS (for over-18's) – Alyna 01342 833262**

**To help improve the skills of all adult volunteers and coaches**

- Open to all parents of junior members age
- Open to all adults helping at one of the Club's junior sections
- For all coaches

**Remember – you need a valid Club Membership Card before participating.**

## TANDRIDGE CANOE AND KAYAK CLUB

[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

### Safeguarding Children – download the Club Policy from our website:

If you have any concerns about safety or inappropriate behaviour, please contact the Club's Child Protection Officer, Frosa Cooney on 01342 326886, who has been trained to deal with such issues. Alternatively, speak to your Coach, Section Leader or Welfare Officer, who will pass your concerns to her. **It is Club policy to CRB-check adult helpers and all adults attending residential trips.**

### Boat Loan Scheme – download details on the scheme from our website:

The one-year boat loan scheme allows new paddlers to have regular use of the same boat without the inconvenience of hiring and collecting kit each time they paddle. Details are on the website.

### Insurance – download insurance details from our website:

The Club is affiliated to Canoe England which provides Public Liability cover of up to £5m.

This cover extends to all Club members and helpers. It also gives Club juniors (but not adults):

- Access to all non-competitive BCU events
- Access to ranking competitions at entry level
- The right not to pay BCU membership fees at BCU events

<b>CLUB CONTACTS 2009</b>			
<b>Role</b>	<b>Name</b>	<b>Phone</b>	<b>e-Mail</b>
TCKC Chairman	Debbie Stitt	01306 877784	debstitt@yahoo.co.uk
TCKC Treasurer	Greg Cooney	01342 326886	frosa@btinternet.com
TCKC Secretary	Kirsty Spicer	07773 052174	kirstymike2007@blueyonder.co.uk
TCKC Child Protection Officer	Frosa Cooney	01342 326886	frosa@btinternet.com
TCKC Blades Plus Leader	Alyna Cope	01342 833262	pocahontaspaddler@btopenworld.com
TCKC Boat Loan Scheme	Annabel Brown	01883 713044	annabel.brown1@btinternet.com
TCKC Webmaster	Mark Rainbird	01883 714450	markrainbird@hotmail.com
Polo Secretary Development League	Ruth Norman	01342 833279	farleyandruth@aol.com
Polo Secretary Premier League	Anne Webb	01883 716077	j.webb5@btinternet.com
Canoe Polo Fixtures Officer	Graham Copeman	01342 835663	thecopeman.family@btinternet.com
Tandridge Canoe Polo Section Leader & Junior Co-ordinator	Christine Norris	01883 715902	river.runner@virgin.net
TYKs Section Leader, Junior Co-ordinator & Child Welfare	Nick Westall	07876 241124	nickwestall@hotmail.com
Blades Slalom Section Leader & Junior Co-ordinator	Shiona Shaw	01883 722868	jeshaw2@btinternet.com
Blades Freestyle Section Leader & Junior Co-ordinator	Vacant	01306 877784	Call Debbie Stitt for latest update
Blades Child Welfare	Ruth Norman	01342 833279	farleyandruth@aol.com



**TANDRIDGE CANOE AND KAYAK CLUB**  
[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)  
**Duke of Edinburgh's Award**

**PHYSICAL SECTION**

**TYKS, Slalom & Freestyle:**

- See our website for more details [www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

**Canoe Polo:**

- Meets on Sunday evenings at Tandridge Leisure Pool, 6 – 8pm
- Get a team of 5 people together and come along on Sundays
- You do not need to know how to canoe before you join
- The Development League meets fortnightly
- The Premier League meets fortnightly on alternate Sundays to the Development League
- You can follow this activity for 3 months or 6 months – remember that our season runs September to December and January to Easter

**SKILLS SECTION**

- There is a skills programme for “Umpiring and Refereeing”
- We can train you to be a Canoe Polo referee and you could help us out weekly or fortnightly at our games
- Our season is mid-September to mid-April, so covers the six months you have to follow your skill
- There may be opportunities to referee regional youth competitions

**SERVICE SECTION**

- **Lifesaving**  
if you are already training for a Lifesaving Qualification, you also need to give some practical service for your D of E Award. Tandridge Canoe Polo League needs poolside volunteers to assist with lifesaving duties at Tandridge Leisure Pool on Sunday evenings from 6 - 8pm. You can choose to help weekly or fortnightly
- **BCU Cadet Leader Award**  
if you can already canoe/kayak, you we can help you train to become a junior coach

**For more details, call Youth Development Officer, Christine Norris on 01883 715902**

# TANDRIDGE CANOE AND KAYAK CLUB

[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

## Membership / Parent Consent Form

- POLO
- SLALOM
- TYKS
- FREESTYLE
- BLADES 18-PLUS

**We are very pleased to welcome you to Tandridge Canoe & Kayak Club.**

Canoe England requires certain statistics, so we need you to complete all the information below.

We will not pass your personal details to third parties.

We will use your email address to keep you informed about club events.

Member Name:	BCU Membership No (if you have one already):
Age (if under 18):	Date of Birth (if under 18):
Name of School (if under 18 or a teacher):	<input type="checkbox"/> Scouts <input type="checkbox"/> Guides <input type="checkbox"/> Cadets Other sports:.....

**ALL CONTACT DETAILS FOR UNDER-18's MUST BE FOR THE PARENT / GUARDIAN**

Parent/Guardian Name: .....

Parent/Guardian email: .....

Home tel. .... Mobile No.....

Address: .....

Post Code ..... Alternative Tel no.....

**Doctor's details (please write very clearly):**

Name ..... Tel No .....

**Please state any difficulties or medical condition that may affect learning/participation:**

.....

.....

..... **Date of last tetanus** .....

**Water confidence:**

My son/daughter can swim 25 metres and at least a boat width underwater      Yes  No

My son/daughter can swim 50 metres and at least a boat width underwater      Yes  No

**I would like my son/daughter to take part in the following activities run by Tandridge Canoe and Kayak Club (TCKC) and Surrey Scout Water Activities Club (SSWAC).**

- Canoe polo and paddle skills at swimming pools
- Training sessions at lakes
- Training sessions at Thames Young Mariners, Aquasports and other watersports centres
- Supervised training and journeys on placid water rivers/navigations eg Medway, Wey, Thames
- Moving water training at weirs and artificial whitewater courses
- Competitive slalom events

# TANDRIDGE CANOE AND KAYAK CLUB

[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

## Membership / Parent Consent Form

Name of Junior: ..... Date of Birth: .....

### Consent, please read carefully:

- I have read and agree to abide by the Constitution, Policies and Guidelines of TCKC. These can be downloaded from [www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)
- I accept that canoeing & kayaking are potentially hazardous sports and consent to my son/daughter's participation in the above activities under the supervision of BCU qualified Coaches
- I have ensured that my son/daughter understands that it is important for his/her safety AND for the safety of the group that rules and instructions given by coaches are to be obeyed instantly
- I confirm to the best of my knowledge that my son/daughter does not suffer from any medical condition other than those that I have listed. I will inform the coach of such conditions before each activity
- I consent that photographs/video taken of my son/daughter at BCU or Club events may be used to promote the Club or paddle sport and confirm that my son/daughter is not subject to any court order prohibiting publication of their image
- If, in the opinion of a qualified medical practitioner, it becomes necessary for my son/daughter to receive medical treatment, and I cannot be contacted on the numbers below to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Leader in charge to sign any document required by the hospital authorities

**Please delete and initial any consent that you find unacceptable. In the event of significant deletions, the Club reserves the right to limit or exclude your son/daughter from certain Club activities.**

Signed (Parent/Guardian)..... Date.....

### 1<sup>st</sup> Emergency Contact (Name & Relationship)

Print clearly: .....

Phone Number: (Home).....(Mobile) .....

### 2<sup>nd</sup> Emergency Contact (Name & Relationship)

Print clearly: .....

Phone Number: (Home).....(Mobile) .....

---

---

**Please return one form for each member of your family to your Section Leader or Canoe Polo Team Leader, together with your cheque made payable to Tandridge Canoe and Kayak Club.**

# TANDRIDGE CANOE AND KAYAK CLUB

[www.tandridgecanoe.co.uk](http://www.tandridgecanoe.co.uk)

## Membership / Parent Consent Form

**Annual Family Membership Fee = £5.00 per family, from 1 Sep 2009 to 31 Aug 2010**

**(fill and sign one form per member – pay £5 per family, however many in the family)**

**Tick the Club Section you wish to join:**

- Canoe Polo League (age 12+) £30/term: Autumn term Sep – Nov, Spring term Jan - Apr
- TYK's (age 8-12) - course fees vary - contact Section Leader
- Blades Slalom  
     Div 3 and 4: £20 Shepperton Membership plus a termly fee of £40 for coaching (Sept-Dec, Dec-Apr, May-Aug)
- Blades Slalom –  
     Div 2 and up: £50 Shepperton Membership and boat space plus £15 annually
- Blades Freestyle – contact Section Leader
- “Blades 18-Plus”

**Cheques payable to “Tandridge Canoe and Kayak Club”.**

**Please speak to your Coach or a Committee Member if financial hardship prevents participation.**

For Club use only:

Names:.....

TCKC Membership Number ..... Membership renewal .....

FEE	No of Members	FEE RECEIVED	Cash/cheque
TCKC Family Membership @ £5			
Canoe Polo Sep fee			
Canoe Polo Jan fee			
TYKs per course			
Blades Slalom			
Blades Freestyle per course			

Section Leader / Club Secretary signature .....

Date .....